



Parent Possible Home Visiting Conference

CONFERENCE PROGRAM

THE POWER OF POSSIBILITIES

April 5 - 7, 2017

Denver, CO



STRONGER FAMILIES, TODAY & TOMORROW.

WELCOME

Welcome to the Inaugural *Parent Possible Home Visiting Conference – The Power of Possibilities!* The past year has been a season of change and growth here at Parent Possible. In the past few months we have changed our name, our logo, and our office location – but not our purpose. Each day we are focused on ensuring that every parent has the tools, information, and confidence they need to be their child’s first and most important teacher, and that you all have everything you need to help make that happen. This commitment to each of you will never change.

We hope this conference gives you an opportunity to learn, share ideas, and connect with each other through the common goals we all share in working with families. We are excited to have so many participants in our first year of hosting this conference, and we can’t wait to see it grow in the coming years.

Parent Possible. These two words represent our mission to equip parents of young children with the tools and information to be their child’s most valuable teacher, trainer, and mentor in life. These words also convey our core belief that every parent has potential, and when they are informed and supported they will succeed. As home visitors, every day you strive to meet parents of young children where they are with programs that inspire parents and lead to long-term impact on young children’s lives. You play a critical role in the lives of families, where every little thing you do is greater than you know.

Joseph Campbell said, “a hero is someone who has given his or her life to something bigger than oneself.” We **thank you**, the Superheroes to parents and children across Colorado, for your continuous dedication to these families and your hard work.

- Heather Tritten, Executive Director

STRONGER FAMILIES, TODAY & TOMORROW.

Parent Possible Home Visiting Conference

THE POWER OF POSSIBILITIES



Thank you to our PAT National Center Representatives, Constance Gully and Phyllis McLafferty, and HIPPY USA Representative, Staci Croom-Raley, for traveling to join us for the conference!

THANK YOU TO OUR AWARDS LUNCH SPONSOR

The Piton Foundation

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Ryan Gunsauls & O'Donnell

PARENT POSSIBLE TEAM

STAFF

Heather Tritten, Executive Director

Marion Batayte, Deputy Director

Rachel Breck, Data Manager

Jackie Cordova, HIPPY Program Director

Christine Fabian, Finance Director

Haley Garrison, Project Coordinator

Andy Lubansky, Vroom Program Director

Lindsey O'Brien, Administrative Assistant

Michele Provost, PAT Program Director

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Thomas A. Fitzgerald (Member Emeritus) Colorado PAT Pioneer

CONFERENCE SCHEDULE

WEDNESDAY APRIL 5

11:30 am	Registration/Sign-in Opens
12:00 - 1:15 pm	Lunch & Opening Remarks
1:30 - 2:30 pm	Workshop Sessions 1
2:45 - 3:45 pm	Workshop Sessions 2
4:00 - 5:00 pm	Workshop Sessions 3
5:00 - 7:00 pm	Happy Hour & Networking Event (Parent Possible Office—800 Grant Street, Suite 200, 80203)

THURSDAY APRIL 6

8:30 am	Breakfast Begins
9:00 - 10:00 am	Workshop Sessions 1
10:15 - 11:15 am	Workshop Sessions 2
11:30 - 12:30 pm	Workshop Sessions 3
12:30 - 2:30 pm	Awards Luncheon & Keynote Speaker
3:00 - 5:00 pm	PAT & HIPPY Specific Breakout Sessions

FRIDAY APRIL 7

8:30 am	Breakfast & Closing Remarks
9:00 - 10:00 am	Workshop Sessions 1
10:15 - 11:15 am	Workshop Sessions 2
11:30 - 12:30 pm	Workshop Sessions 3
12:30 - 1:00 pm	Goodbye & Snack-Bags

CONFERENCE PRESENTERS

Brenda Aguirre, Starpoint

Debbie Santos-Apodaca, Catholic Charities, Pueblo

Alma Barragan, Catholic Charities, Pueblo

Katherine Bair, Starpoint, National Trainer for Parents as Teachers

Emily Bash, Colorado Department of Public Health & Environment

Marion Batayte, Parent Possible

Tanesha Bell, Serve Colorado, Governor's Commission on Community Service

Rachel Breck, Parent Possible

Kate Brockman, North Range Behavioral Health

Debbie Butkus, National Trainer for Parents as Teachers

Amy Cobb, Families First

James Connell, Colorado Department of Human Services

Jackie Cordova, Parent Possible

Katie Creedon, Colorado Children's Campaign

Gloria DeLoach, Denver Public Health

Lisa Dengerink, Denver Public Library

Lauren Dennis, Denver Public Library

Paulina Erices, Jefferson County Public Health

Christine Fabian, Parent Possible

Gerald Gallegos, Adams County HIPPPY Program

Erica Garcia, Catholic Charities, Pueblo

Haley Garrison, Parent Possible

Nancy Goodman, Colorado Department of Public Health & Environment

Rodney Hamright, Lancaster County School District

Moniqua Herrington, Early Intervention Colorado

Kate Jankovsky, Colorado Department of Public Health & Environment

Crystal Jimenez, Catholic Charities, Pueblo

Amanda Kearney, North Range Behavioral Health

Ashleigh Kirk, Bright by Three

Jen Kuchyt, Data-Keeper

Jacqueline Lake, Catholic Charities, Pueblo

Robin Levy, Pyramid Plus Center, University of Colorado Denver

Andy Lubansky, Parent Possible

David McMurtry, Motivational Speaker

Sarah Mcneil, Denver Public Library

Michaelle Salvador Manzanares, Clayton Early Learning

Lorena Mendoze, The Family Center/La Familia

Aaron Miller, Colorado Department of Human Services

Wayla Murrow, Early Intervention Colorado

Jessy Perz, Jefferson County Public Health

Janis Pottorff, North Range Behavioral Health

Jacy Montoya Price, Colorado Children's Campaign

Michele Provost, Parent Possible

Juanita Puga, North Range Behavioral Health

Adriana Quintero, The Family Center/La Familia

Theresa Rapstine, Healthy Child Care Colorado, Qualistar

Jennifer Richardson, Families First

Laura Solomon, Colorado Department of Human Services

Paige Stewart, Starpoint

Heather Tritten, Parent Possible

Mary Utsler, Healthy Child Care Colorado, Qualistar

Patty Velasquez, Colorado Department of Human Services

Satya Williams, Qualistar Colorado

Rachelle Woods, Colorado Department of Public Health & Environment

Parent Possible Home Visiting Conference

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Parents as Teachers has helped us realize we have power to succeed with what we already have. We don't have to go out and buy stuff, especially if it isn't in our possibilities. We have everything we need to play with and help our children become brighter.

- Sonia



I am amazed at how my son has expanded his thinking since being in HIPPIY. He is challenged in ways I wouldn't have thought about. He thinks about his future and has the word bank to talk about it and tell stories. HIPPIY has helped him develop opinions, and given him strategies essential to problem solving and understanding rules. I feel HIPPIY has given him the building blocks to be successful in his school career!

- Diane

THANK YOU TO OUR SPONSORS

Improving the lives of Colorado's children and families.



We support the
Parent Possible Home Visiting Conference
for its efforts to promote and
advance early childhood education.

The Piton Foundation, which is part of Gary Community Investments, is a private operating foundation established in 1971 by Denver oilman Sam Gary. By investing in for-profit and philanthropic solutions for Colorado's low-income children and their families, Gary Community Investments uses business and philanthropy to create opportunities for those who need it most.

Learn more at www.piton.org.



**THE PITON
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Ryan, Gunsauls & O'Donnell, LLC
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Ryan, Gunsauls & O'Donnell (RGO, LLC) is one of the oldest and most respected CPA firms in Denver, Colorado. The firm was established in 1954 and has been growing with and serving the Denver metro community ever since.

The partners of the firm are J. Daniel O'Donnell, CPA, CVA, Doug Barr, CPA, PFS, Elizabeth B. Moore, CPA, MTX, and Uyen T. Pavelis, CPA, with cumulative experience of over 100 years.

*Thank you
for using
VisitTracker
Web!*

DataKeeper
TECHNOLOGIES

*"A hero is really any person intent on making
this world a better place for all people"
- Maya Angelou*

Wednesday Workshop Sessions

Workshop Sessions 1:30 - 2:30 pm

Home Visitor Safety

Room 106

Juanita Puga

This workshop will cover steps to home visiting safety before, during, and after a visit. Environmental safety concerns and personal hazards that home visitors may encounter when providing services in their communities will be discussed. The workshop will present awareness about potential safety issues that may arise during a home visit. The session will also provide steps for becoming proactive for one's own safety needs.

**This workshop is offered again on Thursday*

Connecting Families to Healthcare Coverage

Room 105

Patty Velasquez

Healthcare is a complicated topic with many interconnecting parts. While some families have some type of health insurance coverage many are left without any coverage. Additionally, there are different types of health insurance coverages and how they work can be confusing and difficult to understand. This presentation is designed to help home visitors and family support professionals better understand health insurance coverage, identify who is eligible, know the requirements and eligibility criteria, and know the resources available for those ineligible for health insurance coverage.

Coaching Parents

Room 200B

Jennifer Richardson

This workshop will equip home visitors to empower parents in the development of their parenting styles. Early childhood is a critical time to lay the foundation for a healthy parent-child relationship. Through the lens of the Protective Factors, the workshop will explore how to build on parents' strengths, increase resiliency, identify resources, and create informal sources of support. The home visitor's role is to assist families in navigating their parenting journey. Home visitors will learn to decrease the pressure of having to give advice while encouraging parents to become more confident as "experts" for their own families.

Infant Safe Sleep

Room 108

Theresa Rapstine

During this session, participants will break into small groups to discuss SIDS and the practices to reduce an infant's death. Participants will review a draft child care policy for best practices and have the opportunity to ask questions. By the end of the workshop, participants will be able to: describe SUID and SIDS, review Colorado data, and understand what behaviors increase the chance of SUID/SIDS and describe protective factors.

**This workshop is offered again on Thursday*

Children's Nutrition

Room 109

Satya Williams

This workshop helps home visitors and parents work together to support children's successful dietary changes through education, stories, and participation in food buying and food preparation. Participants will learn about structured eating principals and maintaining a balance of appropriate proteins, carbohydrates, and fats.

Workshop Sessions 2:45 - 3:45 pm

Understanding Adverse Childhood Experiences

Room 110

Gerald Gallegos

The ACE (Adverse Childhood Experiences) Study confirms, with scientific evidence, that adversity during development increases the risk of physical, mental, and behavioral problems later in life. The ACE Study and other research using the study's framework have taught us that ACEs are the leading cause of health and social problems in our nation - the most powerful determinant of the public's health. Participants will receive basic information about how ACEs impact brain development and function as an adaptive response to environmental circumstances.

Parenting Strong

Room 200B

Amb Cobb

As a certified Love and Logic facilitator, this presenter will focus on how to nurture the relationship with a child in order to parent them effectively. The talk incorporates discussing where children are developmentally, how their brain works at various ages/stages and how to be the most effective in guiding their behavior. Once parents understand that they can set limits in healthy, calm ways and be able to follow through without it turning into a power struggle - the parent/child relationship strengthens. There will be a combination PowerPoint, video, and group discussion. Home visitors will gain knowledge about child development and how to increase effective parenting skills.

Wednesday Workshop Sessions

Workshop Sessions 2:45 - 3:45 pm (continued)

Promoting Maternal Wellness to Strengthen Healthy Child Development and Family Well-Being (This workshop is 2 hours, participants must stay the full time)

Room 106

Rachelle Woods, RN, MSN & Nancy Goodman, LCSW

The wellness of pregnant and new mothers is foundational for a healthy parent-child bond, which in turn builds social and emotional competence in young children. The building blocks of a healthy pregnancy and birth include not only physical prenatal health care; but also emotional and mental health care, during and after pregnancy. Home visitors have a unique opportunity to promote social-emotional well-being both children as well as their mothers and other caregivers. Drawing upon the existing skill set and unique role of home visitors, this interactive workshop outlines ways that pregnant and new mothers can be supported. Participants will also learn about current efforts and resources to combat societal issues surrounding mental health stigma, especially new mothers experiencing pregnancy-related depression and anxiety. During the Q & A discussion, participants will also have an opportunity to share their experiences, successes or challenges in working with pregnant and new mothers in the home - and community-based settings.

**This workshop is offered again on Thursday*

Introduction to the PICCOLO Observation Tool (One person from each non-MIECHV funded site must attend this workshop)

Room 109

Haley Garrison & Marion Batayte

Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO) is a checklist of 29 observable, developmentally supportive parenting behaviors with children in four domains - Affection, Responsiveness, Encouragement, and Teaching. PICCOLO is reliable, valid, easy to learn, and practical to use. This tool is a strengths-based measure of parenting interactions to identify behaviors that support early childhood development. As part of Parent Possible's Statewide Evaluation Plan all PAT and HIPPY home visitors will begin using this tool with their families starting in July, 2017. This workshop will provide an overview of the PICCOLO tool, instructions on how to administer it with families, and practice as a group with an example video.

**This workshop is offered again on Thursday*

A Partnership with Bright by Three

Room 108

Ashleigh Kirk, LSW

This workshop will provide an overview of Bright by Three, specifically focusing on how PAT programs can utilize the BB3 materials and Bright by Text program as an additional resource for families. Bright by Three offers research-based materials for parents and caregivers of children prenatal to 3, equipping them with the tools needed to promote lifelong learning and success. Learn more about Bright by Text, a free messaging service that sends periodic text messages related to a child's age and developmental stage and locally available resources. In partnership with Vroom, Bright by Text will soon reach up to age 5. Information about ordering materials, submitting the enrollment form, and accessing additional training for home visitors will be provided.

Support for Families with Children with Special Needs

Room 200A

Jessy Perz, RN & Paulina Erices, IBCLC

At times caring for a child with special needs can be overwhelming. Keeping track of multiple appointments and providers, learning about how to access resources and assistance in the community, and understanding the child's behavior, diagnosis, and development can seem like an impossible juggling act. The presenters have years of experience working with special needs and navigating the complexities of care. They will share information about HCP and ideas that home visitors can use to support families. Participants will learn about referrals to specialists, the unique needs of families, and community resources available for families with children with special needs.

Workshop Sessions 4:00—5:00 pm

Speaking With One Voice: 9 Ways to Grow Healthy Colorado Kids

Room 105

Emily Bash, MPH, RD

People are bombarded by various health messages every day. How can we make sure our messages are heard, remembered, and effective in empowering families to action? We can increase the visibility and repetition of our messages by "speaking with one voice." We maximize our messaging when all public health programs, health care providers, early care and education professionals, and other partners work together to deliver consistent, accurate, and consumer-tested messages. Together, we can make a greater impact. Speaking with One Voice provides you with "9 Ways to Grow Healthy Colorado Kids" and supporting content that address important healthy lifestyle behaviors found most promising in preventing overweight and obesity before it begins among Colorado's youngest children. The goal of the project is to ensure pregnant women and families with infants and young children hear consistent messages in multiple settings where they spend time and interact with community members that potentially influence healthy behaviors.

Wednesday Workshop Sessions

Workshop Sessions 4:00—5:00 pm (continued)

Understanding Attachment: How we Promote and Understand Relationships

Room 200A

Brenda Aguirre, Paige Stewart, MSW, & Katherine Bair, LCSW

This informative workshop session will describe how attachment patterns are formed and sustained between parents and children. Through videos and the learning of parent friendly language it will become evident how these attachment patterns affect our everyday life and the families we serve. Participants will be given a brief introduction to the Circle of Security, an attachment based curriculum. Participants will develop an understanding of basic attachment principles, be able to identify within themselves and the children they serve attachment cues, and understand how Circle of Security can be utilized within a home visitation context.

Promoting Maternal Wellness to Strengthen Healthy Child Development and Family Well-Being (Continued)

Room 106

Rachelle Woods, RN, MSN & Nancy Goodman, LCSW

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**This workshop is offered again on Thursday*

Parents as Teachers SafeCare at Home (PATSCH) in Colorado

Room 108

Debbie Apodaca, Alma Barragan, Erica Garcia, Jacqueline Lake, & Crystal Jimenez

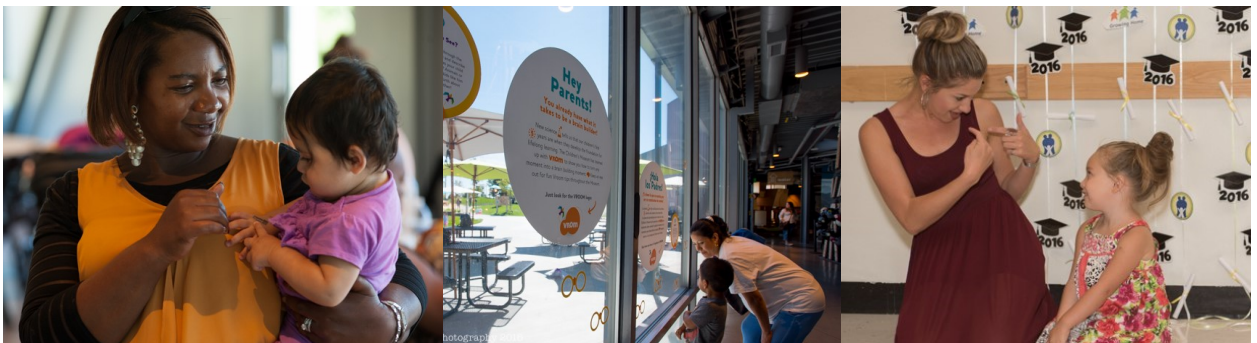
Parents as Teachers SafeCare at Home (PATSCH) combines two evidence-based home visiting models – Parents as Teachers and SafeCare – into a combined strategy to have a greater impact on child health and safety. SafeCare is a nationally recognized, evidence-based, in-home parent education program developed for families with children ages 0 to 5 at risk for child abuse and neglect. PATSCH braids the curricula of PAT and SafeCare implemented to maintain the core elements of both programs, meet all necessary requirements for PAT fidelity, and encourage continuation of PAT following the SafeCare modules to ensure families receive continued support and resources. In 2016, Parent Possible partnered with the National SafeCare Training and Research Center (NSTRC) at Georgia State University to provide PATSCH to 18 families in Colorado as a feasibility study. While the data from these studies are still being analyzed, initial results are positive and early indications show that families benefited from the intense health and safety components of SafeCare in the context of the longer-term support they receive from PAT. This workshop will be presented by parent educators who have piloted the PATSCH program in Colorado.

Visit Tracker Tips & Tricks

Room 200B

Jen Kuchyt

Join a representative from Visit Tracker to learn about easy tips and tricks to help fully utilize the database to better support PAT and HIPPY programs. This workshop will include an overview of various Visit Tracker tips for participants to get the most out of their data, along with a Question & Answer portion for participants to ask specific questions they have regarding data entry, Visit Tracker reports, technical assistance, etc. Please come prepared with questions.



Thursday Workshop Sessions

Workshop Sessions 9:00 - 10:00 am

Kids and Screens: Early Literacy and Technology

Room 200A

Lauren Dennis

In our ever-changing world, kids are being exposed to screens and technology at a much younger age. Come learn about what the experts recommend and how to create a balance for your family. The latest, greatest apps will also be explored, and each participant will leave with a personalized family media plan that works for their families. Each participant will also get a free book! Participants will understand best practices with regard to brain research, technology, and become empowered to choose developmentally appropriate content and guidelines for media use.

Discovering Your Parenting Power in the 21st Century

Room 110

Rodney Hamright

Researchers and educators have long agreed that when parents get involved in all areas, children try harder and achieve more at school and home. Too often parents are ignored or viewed as part of the problem, rather than a resource or prevention focus. Parents who developed the skills to encourage their children delay the use of drugs and alcohol, help develop positive attitudes towards life, contribute to the personal growth and academic success of their children. This interactive parenting session will explore the importance of parents as prevention agents. Participants will review and discuss the impact of parent involvement as a prevention instrument. Participants will interact with each other in a live parenting group session, drawing upon research base and personal experience from different members of the group during the session.

Strengthening Families: Protective Factors to Improve Outcomes for Children

Room 105

Aaron Miller

This interactive workshop is an introduction to the five protective factors of the Strengthening Families framework. Research that informed the composition of the protective factors will be discussed and each protective factor will be described in depth. Participants will learn how each may be more deeply implemented into organizational/program practice for increased family engagement and programmatic outcomes. Participants will learn how to build protective/promotive factors in their organization and with families, and understand the importance of protective factors to reduce child maltreatment.

**This workshop is offered again at 10:15 am*

Parent Possible Home Visiting Conference

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Promoting Maternal Wellness to Strengthen Healthy Child Development and Family Well-Being (This workshop is 2 hours, participants must stay the full time)

Room 108

Rachelle Woods, RN, MSN & Nancy Goodman, LCSW

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**This workshop is offered twice*

Speak Up For Kids! How to make your voice heard with policymakers

Room 200B

Katie Creedon & Jacy Montoya Price

Home visitors and coordinators are well positioned to influence public policy. Since they work directly with Colorado's children and families, home visitors are experts on the needs of children in Colorado and how well public programs are serving them. When legislators hear from passionate child advocates, they better understand the challenges and opportunities created by their policymaking decisions and, thus, make better decisions. By making their voice heard, home visitors can help to ensure that all Colorado kids have access to stimulating experiences that let them discover, learn and grow. This workshop will review the legislative process in Colorado and the most effective ways to speak up with elected officials. Participants will see the resources offered on the Colorado General Assembly website and learn how to keep up-to-date with state legislation that affects children and families. Colorado Children's Campaign is a statewide research and advocacy organization that works to ensure that every child in Colorado has every chance to succeed.

Thursday Workshop Sessions

Workshop Sessions 9:00 - 10:00 am (continued)

PICCOLO Refresher (One person from each MIECHV funded site must attend this workshop)

Room 109

Jackie Cordova & Michele Provost, LCSW

Over the past few months, Parent Possible has piloted the Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO) with MIECHV funded PAT and HIPPY sites in Colorado. This workshop will provide a review of PICCOLO administration practices, a group discussion of successes and obstacles faced during implementation, and an overview of how participants have been using the PICCOLO tool as a strengths-based measure with families.

Workshop Sessions 10:15 - 11:15 am

Screening for Substance Abuse

Room 200B

Jennifer Richardson

Home Visitors are in a unique position to both observe and intervene in parental substance abuse. Providing treatment is not a home visitor's job, however, connecting families to appropriate services can make a profound impact. This workshop will provide tools to engage parents in this courageous discussion. We will also explore common barriers and provide strategies to build confidence in approaching this subject matter. Participants will learn to recognize the impact of substance abuse exposure during pregnancy, explore why moms might use substances, identify 5 points of intervention, build trust through parent-centered strategies, and utilize resources.

Strengthening Families: Protective Factors to Improve Outcomes for Children

Room 105

Aaron Miller

This interactive workshop is an introduction to the five protective factors of the Strengthening Families framework. Research that informed the composition of the protective factors will be discussed and each protective factor will be described in depth. Participants will learn how each may be more deeply implemented into organizational/program practice for increased family engagement and programmatic outcomes. Participants will learn how to build protective/promotive factors in their organization and with families, and understand the importance of protective factors to reduce child maltreatment.

**This workshop is offered twice*

Parent Possible Home Visiting Conference

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Promoting Maternal Wellness to Strengthen Healthy Child Development and Family Well-Being (Continued)

Room 108

Rachelle Woods, RN, MSN & Nancy Goodman, LCSW

The wellness of pregnant and new mothers is foundational for a healthy parent-child bond, which in turn builds social and emotional competence in young children. The building blocks of a healthy pregnancy and birth include not only physical prenatal health care; but also emotional and mental health care, during and after pregnancy. Home visitors have a unique opportunity to promote social-emotional well-being for children as well as their mothers and other caregivers. Drawing upon the existing skill set and unique role of home visitors, this interactive workshop outlines ways that pregnant and new mothers can be supported. Participants will also learn about current efforts and resources to combat societal issues surrounding mental health stigma, especially new mothers experiencing pregnancy-related depression and anxiety. During the Q & A discussion, participants will also have an opportunity to share their experiences, successes or challenges in working with pregnant and new mothers in the home - and community-based settings.

**This workshop is offered twice*

How to Measure and Share Your Success: Using Visit Tracker to Tell Your Story

Room 109

Rachel Breck, MPH

Visit Tracker holds tons and tons of information about your programs—the families you see, the visits you do, and the changes you help create—but it's not always easy to know how to get that data into the hands of your funders, home visitors, and families. This workshop will explore what “success” means to you, your families, and your organizations. Once we figure out what types of information that are important to you, we will discuss different tools, including those in Visit Tracker, that might allow you to measure your success and make sure you are having the impact you want to see.

**This workshop is offered again on Friday*

Every little thing you do is greater than you know

Thursday Workshop Sessions

Workshop Sessions 10:15 - 11:15 am (continued)

Infant Safe Sleep

Room 106

Mary Utsler

During this session, participants will break into small groups to discuss SIDS and the practices to reduce an infant's death. Participants will review a draft child care policy for best practices and have the opportunity to ask questions. By the end of the workshop, participants will be able to: describe SUID and SIDS, review Colorado data, and understand what behaviors increase the chance of SUID/SIDS and describe protective factors.

**This workshop is offered twice*

Developing Language with Infants and Toddlers

Room 200A

Lisa Dengerink & Sarah McNeil

Join staff from the Denver Public Library's Early Learning Departments to discuss early brain and language development and participate in hands-on activities that can be easily replicated to support this early development. Attendees will learn how newborns and toddlers develop, and discuss simple and fun ways to talk and play with infants and toddlers to promote healthy brain and language development. Participants will learn about typical development of children and identify materials that support varied developmental levels. Participants will identify strategies that support children in communicating their thoughts and feelings both verbally and non-verbally in any language.

Workshop Sessions 11:30 - 12:30 pm

Introduction to the PICCOLO Observation Tool (One person from each non-MIECHV funded site must attend this workshop)

Room 110

Haley Garrison & Marion Batayte

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**This workshop is offered twice*

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Prevention of Shaken Baby Syndrome and Abusive Head Trauma

Room 106

Mary Utsler

During this session, attendees will participate in group activities to discuss ways to prevent Abusive Head Trauma or Shaken Baby Syndrome. Participants will review a Shaken Baby Action Plan and have the opportunity to ask questions. This course fulfills a pre-service requirement for the State of Colorado training on Abusive Head Trauma or Shaken Baby Syndrome. Participants will be able to define abusive head trauma and describe how these injuries occur, describe the immediate symptoms, and identify factors that increase the risk of Abusive Head Trauma. This workshop will also review strategies to decrease the risk and communicate with parents about the danger of Abusive Head Trauma.

Infant and Early Childhood Mental Health

Room 200A

Kate Brockman, LPC & Amanda Kearney

This workshop will identify what Infant and Early Childhood mental health is and have a discussion about how important trusted relationships are for infants and children. The presenters will also discuss how to prevent, identify, and support families when there are challenges/concerns around the development of healthy social and emotional behaviors.

Home Visitor Safety

Room 108

Juanita Puga

This workshop will cover steps to home visiting safety before, during, and after a visit. We will discuss environmental safety concerns and personal hazards that home visitors may encounter when providing services in their communities. The workshop will present awareness about potential safety issues that may arise during a home visit. The session will also provide steps for becoming proactive for one's own safety needs.

**This workshop is offered twice*

Infant Mortality and the Role of the Home Visitor

Room 105

Gloria DeLoach & Katy Jankovsky

This workshop will explain the three main causes of infant mortality: pre-maturity, low birth weight, and injury caused by unsafe sleep environments. The workshop will focus broadly on these topics as well as explore African American infant mortality disparity. We plan to show the PBS documentary "Precious Loss" that addresses infant mortality in the African American community in Colorado. Home visitors play a vital role in educating their families about causes of infant mortality, and as such, it is vital that home visitors are educated about infant mortality and how to prevent it.

Thursday Workshop Sessions

Workshop Sessions 11:30 - 12:30 pm (continued)

Working with the Immigration Coalition to Calm Family Fears

Room 200B

Adriana Quintero & Lorena Mendoza

With a lack of specific details about what undocumented families may face with the new administration, many families are anxious, fearful, wondering what to do, and if there is any way to prepare for the unknown. Participants attending this session will go through a process of understanding the special concerns of mono-lingual Spanish speaking families, how this impacts family functioning, and ways home visitors can direct some of the fear into meaningful action. Locally, our Immigration Coalition under auspices of the Fort Collins Community Action Network has come together to address this issue. Based on honest, factual information, attendees will review action steps families can take to prepare for possible change. Topics to be discussed include: documenting harassment, meaning of "sanctuary city," legal rights and advocacy, and the Immigration Support Packet. Join two seasoned PAT home visitors who have worked for years with this population.

Workshop Sessions 3:00 - 5:00 pm

Parents as Teachers Specific Workshop

Room 100A-C

Michele Provost

All Parents as Teachers supervisors and parent educators will participate in a session of various roundtable discussions and activities.

HIPPY Specific Workshop

Room 200B

Jackie Cordova

All HIPPY supervisors and home visitors will participate in a session of sharing ideas on various topics related to communication and family engagement.



Parent Possible Home Visiting Conference

THE POWER OF POSSIBILITIES

Keynote Speaker: David McMurtry

You are a Person of Influence



David McMurtry Empowers the Adults that Inspire our Youth!

He believes that everyone inherently has what it takes to succeed. It may not always come easily, but with clarity and commitment to action, anything is possible. David is here to share his thoughts on becoming a person of influence and knowing that you already have what it takes.

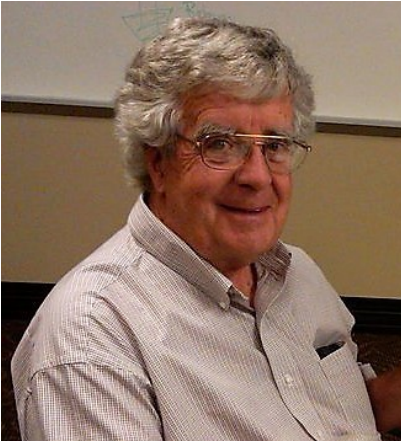
David discovered his calling for supporting and empowering children while working as a child advocate within the foster care system and living in a South African township in his early twenties. Since then David has taught, coached and worked with infants through high school students for the past 16 years. He is committed to giving teachers, parents and young adults the tools they need to not only succeed but live the life of their dreams.

In addition to public speaking and his life-coaching business at lastingmotivation.com, David owns and runs an early childhood education center for 150 children in Northwest Denver.

"David is a powerful motivator, personal growth expert and a true entertainer,"

- Dr. M. Stoll – Principal

Thursday Awards Luncheon



Thomas A. Fitzgerald PAT Parent Educator of the Year Award

This award is named in honor of Thomas A. Fitzgerald, who originally introduced Parents as Teachers to Colorado in 1989 as the Dean of the Lower School at Colorado Academy. Thomas has dedicated his career to improving education for children in Colorado, having been recognized numerous times for his innovation. He has

continued his contributions to PAT by serving on the Parent Possible (formerly Colorado Parent & Child Foundation) Board since 2004. This award honors Thomas' passion and commitment to the work that Parent Possible and PAT Parent Educators across the state continue today.



Bernice Frieder HIPPY Home Visitor of the Year Award

This award is named in honor of Bernice Seldin Frieder, both a co-founder and leader of HIPPY in Colorado, who passed away in 2015. Bernice's passion in advocating for Colorado children and families led her to play a vital role in the creation of Parent Possible (formerly Colorado Parent & Child Foundation). She worked tirelessly to establish new

program sites and create strategic alliances, constantly engaging in efforts to improve and expand services to at-risk families. This award honors Bernice's diligence in beginning the work that Parent Possible and HIPPY Home Visitors across the state continue today.



Erin Binford Social Justice Award

This award is named in honor of Erin Binford, who was the Senior Program Officer at Temple Hoyne Buell Foundation and passed away in 2017. Erin oversaw the grantmaking team, contributed to strategy development and assisted in the management of the Foundation's ongoing grantmaking and initiatives, working closely with the Parent Possible team, and HIPPY

and PAT sites across the state for years. Active as a professional in philanthropy, Erin served on the Denver Foundation's Inclusiveness Project Committee, the Denver Great Kids Head Start Policy Council, on the Colorado Statewide Fatherhood Council, and was a contributing member of the Denver Funders Forum. With a passion for social justice, Erin was a founding member and served on the leadership team of COFIE (Colorado Funders for Inclusiveness and Equity), a voluntary effort of local funders who have in common an interest in advancing and promoting inclusiveness and equity. This award honors Erin's passion and commitment to ensuring a more equitable Colorado.

"A hero is somebody who is selfless, who is generous in spirit, who just tries to give back as much as possible and help people. A hero is someone who saves people and who really deeply cares."

- Debi Mazar

Friday Workshop Sessions

Workshop Sessions 9:00 - 10:00 am

Making the Call to Child Welfare; What Happens Next?

Room 110

Laura Solomon & James Connell

Home visiting partners play a crucial role in identifying and reporting suspected child abuse and neglect. As part of this workshop we will discuss what information is important to have available at the time you make a call to the child welfare hotline. Attendees will learn how to identify themselves as a specified mandated reporter in certain circumstances and what follow-up information they are entitled to receive. Attendees will also learn how counties utilize Review, Evaluate, and Direct (RED) Teams to make a decision about whether a call is subsequently assigned to a caseworker and child safety is assessed.

**This workshop is offered again at 10:15 am*

Dual Language Acquisition

Room 109

Debbie Butkus

Participants will be presented with information concerning how a young child learns more than one language. Research-based information will be shared that will address concerns that parents often express. The presentation will be approached from the aspect of home visitors helping parents understand their child's dual language development.

Trauma Informed Work

Room 200B

Janis Pottorff

Trauma informed work is grounded in and directed by a thorough understanding of the neurological, biological, psychological, and social effects of trauma and the prevalence of these experiences throughout a person's life. Home visitors often work with families that have experienced varying types of trauma, and it is important to understand how to incorporate trauma informed work into the home visits. This workshop will cover what is considered a trauma, and how children and families can be supported by the home visitor through trauma informed work.

"Anyone who does anything to help a child is a hero"

- Fred Rogers

Parent Possible Home Visiting Conference

THE POWER OF POSSIBILITIES

Infants and Toddlers with Developmental Concerns: First Steps in Identification and Referral

Room 108

Wayla Murrow & Moniqua Herrington

This session will provide information on identifying developmental concerns in infants and toddlers and first steps in connecting families with the early intervention program in Colorado. Participants will learn how to spot “red flags” in development, strategies for talking with families about a concern, how to support a referral to early intervention and what happens after a referral is made. Throughout the workshop participants will be connected with resources that can support their continued growth in knowledge of child development, communication with families, and the system of early intervention in Colorado. Come prepared to gain knowledge, share stories, and celebrate the diversity of children and families!

Family Financial Planning and the Role of the Home Visitor

Room 200A

Christine Fabian

Home visitors play a vital role in supporting families through connecting them with other resources in the community. Financial planning is a major obstacle faced by many families, and home visitors don't always know the most effective ways of helping these families navigate financial terminology, budgeting, or financial goal setting. This workshop will provide home visitors with an overview of basic tips and terms, a budgeting exercise, strategies to help families set goals, and a list of resources to further support families. Participants will also have the opportunity to ask questions and discuss various financial struggles that they have seen in working with families over the years.

Workshop Sessions 10:15 - 11:15 am

Dialogic Reading

Room 106

Michaelle Salvador Manzanares

Picture book reading provides children with many skills that are necessary for school readiness. Dialogic reading helps children to develop strong comprehension and language skills. Research says that children who have been read to dialogically are substantially ahead of children who have been read to traditionally on tests of language development. Dialogic reading is an intervention to support emergent learning and literacy among children. This will be an interactive workshop with tips and strategies to teach home visitors and parents how to interact with books.

Friday Workshop Sessions

Workshop Sessions 10:15- 11:15 am (continued)

Vroom in Home Visiting Programs

Room 200B

Andy Lubansky

Many home visiting programs throughout Colorado have been integrating Vroom into their programming over the last several months. Exciting! Learn the Science of Vroom and how Vroom materials and messaging can benefit home visiting programs. This session will also include the latest research on early childhood neuroscience and information about the free Daily Vroom App which helps encourage positive interactions between caregivers and children. Participants in this session will leave with inspiration and actionable ideas from home visiting programs around the state who are incorporating Vroom into their programs.

Breastfeeding: A Community Health Initiative

Room 200A

Paulina Erices, IBCLC

In this session, participants will learn about breastfeeding implications for community health. Home visitors will learn about healthy benefits for children and mothers; financial and environmental benefits for society; and laws that protect breastfeeding. Participants will also learn how to refer families that may be in need of breastfeeding support by specialists, especially families with premature babies or medically fragile babies, and also families who are minorities or low-income.

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**This workshop is offered twice*

How to Measure and Share Your Success: Using Visit Tracker to Tell Your Story

Room 105

Rachel Breck, MPH

Visit Tracker holds tons and tons of information about your programs—the families you see, the visits you do, and the changes you help create—but it's not always easy to know how to get that data into the hands of your funders, home visitors, and families. This workshop will explore what "success" means to you, your families, and your organizations. Once we figure out what types of information that are important to you, we will discuss different tools, including those in Visit Tracker, that might allow you to measure your success and make sure you are having the impact you want to see.

**This workshop is offered twice*

Workshop Sessions 11:30- 12:30 pm

Embedded Learning Opportunities for Infants and Toddlers

Room 109

Robin Levy

What do Pyramid practices actually look like for infants and young toddlers? How can caregivers be responsive to needs and support the development of our youngest children? This session shows you how to embed developmentally appropriate social and emotional learning opportunities into schedules and routines across settings. Participants will define and learn the steps to implement embedded skill instruction: what, when, how, and how to monitor child's progress. Participants will learn that embedded instruction occurs throughout daily routines and across environments.

Life After AmeriCorps

Room 200A

Tanesha Bell

One of the great benefits of being an AmeriCorps member is the Eli Segal Education Award. This session provides the inside scoop on understanding, using, and maximizing the AmeriCorps Education Award. Attendees will be introduced to the different streams of national service, including the types of grants available to eligible members. This session will include information on the traditional and non-traditional uses, small payments vs. lump sum, answers to FAQs, taxes, and much more! This workshop is useful for current AmeriCorps members and anyone wanting to learn more about this program.

Friday Workshop Sessions

Workshop Sessions 11:30- 12:30 pm (continued)

Take Action Now: Advocating for Your Program

Room 106

Heather Tritten

Home visitors hold a unique and powerful position to influence policies that could affect home visiting programs. In working directly with families, home visitors understand the numerous benefits and positive outcomes that result from participation in PAT and HIPPY. Now is the time to take action on behalf of PAT and HIPPY, advocating for the children and families your work with. This workshop will provide an overview of various policies that could affect home visiting programs, the rules surrounding advocacy as an employee of a non-profit organization, and specific actions that home visitors and supervisors can take with policymakers to advocate for MIECHV, AmeriCorps, and, most importantly, Colorado children and families.

Change Your Outlook - Change Your Results

Room 200B

David McMurtry

"I can't do it." "It's not my fault." "We will never be able to do that." These are common but yet powerful negative thoughts that we hear all too often at work and at home. There is nothing positive, inspiring or productive about them. They just produce more of the same and shut down new opportunities. This powerful presentation teaches not just the science behind attitude but the simple ways to change it. The tools taught in this workshop can be applied to an individual as well as the working culture of a fortune 100 company.

Maintaining Professional Boundaries and Ethics in the Home Visitation Setting

Room 108

Michele Provost, LCSW

Working with at-risk families in the home setting poses many unique and challenging ethical situations and can make maintaining professional boundaries difficult. Because home visitors and parent educators work in situations where they are entering the homes, communities and lives of the families they serve, they often find themselves in situations where the path forward is unclear. In this workshop, attendees will develop an awareness of how to evaluate ethical situations and support thinking about complex issues included in professional and ethical decision making.

"Heroes are the dreamers, those men and women who tried to make the world a better place than when they found it, whether in small ways or great ones."

- George R.R. Martin

"HIPPY has opened new opportunities for my child to be successful. It has prepared her for school. It also helps my daughter and I to communicate better. HIPPY has helped me by allowing me to participate in her learning while sharing quality time with her. It has helped me become a better parents, and has given me all the tools to teach and prepare my daughter for school."

- Azucena



"I know that the Parents as Teachers program has helped my child be a confident, smart, and motivated kid. Thanks to all the resources that the program has provided, Emmanuel has improved his hand eye coordination, speech, and sensory, which are all necessary for his ability to achieve his goals in life. I know for sure that he will remember us doing fun activities that will fill him with joy as an adult. Parents as Teachers has improved our parenting, so that we can lead him in the right path, a life filled with happiness."

- Karina

THE POWER OF POSSIBILITIES

2017