

# Lista Para Una Nueva Relación

Como establecer relaciones apropiadas desde el primer encuentro

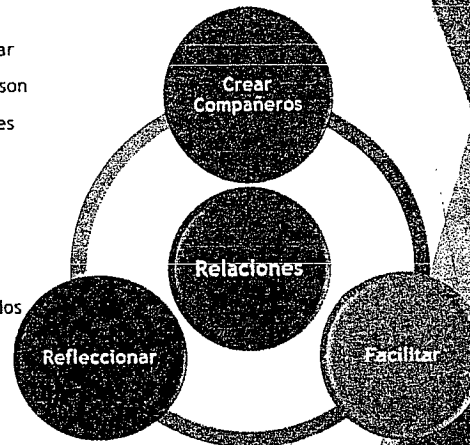


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- Greeting and checking in (sessions, conference, the day)
- Introduction
- My relationship with PAT and Home Visitation
- My experience with personal visits and professional visits
- This presentation is the result of my experience and learning moments while growing professionally.

## El Modelo de Parents as Teachers

- El modelo de Parents as Teachers se basa en crear compañeros, , facilitar and refleccionar. Estos son procesos paralelos que ocurren a todos los niveles en la organización, desde la visita a la familia hasta el trabajo en el Centro Nacional.
- Es muy importante que las habilidades de los padres se reconozcan y que se sientan fortalecidos por sus relaciones y puedan actuar usando la information que reciben.

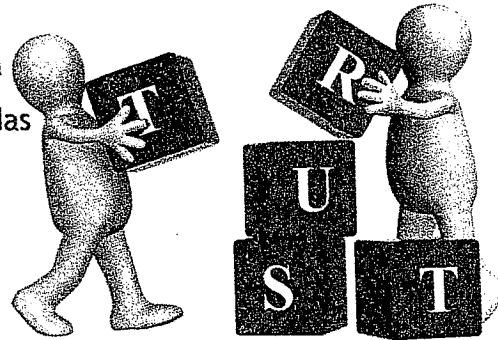


- The Parents as Teachers Evidence-Based Model is the comprehensive home-visiting, parent education model used by Parents as Teachers Affiliates. The model provides services to families with children from prenatal through kindergarten. Affiliates follow the essential requirements of the model, which provide minimum expectations for program design, infrastructure, and service delivery. Parents as Teachers provides support for affiliates to meet those requirements as well as further quality standards that represent best practices in the field.
- FOUR PRIMARY GOALS:
  - Increase parent knowledge of early childhood development and improve parent practices
  - Provide early detection of developmental delays and health issues
  - Prevent child abuse and neglect
  - Increase children's school readiness and success
- THERE ARE FOUR DYNAMIC COMPONENTS TO THE PARENTS AS TEACHERS MODEL:
  - Personal Visits
  - Group Connections
  - Resource Network
  - Child Screening

***Relationship is a the center of this all.***

## Relación Intencional

- Confianza
- Duración
- Relación honesta
- Metas Compartidas
- Pasión Enfocada



- The importance of trust. Refer to article
  - Trust and respect are also of fundamental importance when dealing with people who are disadvantaged. They are vulnerable and very often lost and alone. It's important for their dignity that when you hold out a helping hand to them, they can see you as someone on whom they can depend. Whenever interacting with people who are disadvantages, never look down on them. Threat them with the respect they deserve as you build mutual regard.
- Lasting Relationships:
  - Develop your people skills.
  - Identify your relationship needs.
  - Schedule time to build relationships.
  - Focus on your EI.
  - Appreciate others.
  - Be positive.
  - Manage your boundaries.
  - Avoid gossiping.
- Honesty. Refer to the TP Guiding Principles.
  - Be clear from the beginning about who you, what you can do and bring in their relationship
- Goals
  - Discuss values. ...

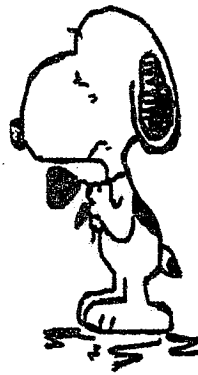
- Encourage the person to be as specific as possible. ...
- Assess whether the goal is achievable. ...
- Encourage prioritizing the goals. ...
- Participate in writing a plan. ...
- Brainstorm about obstacles.
- Value Passion wherever you find it

## Comenzando Una Relación

Alegrías



Dificultades



Explain Joys and Challenges

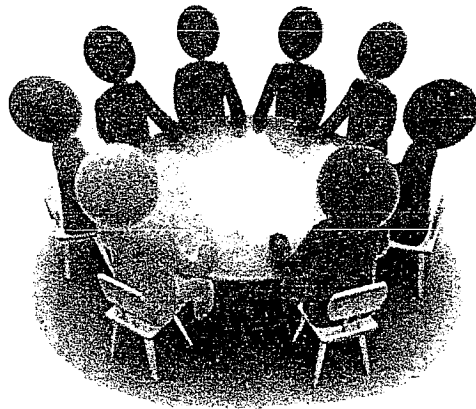
- Discuss ambivalence feelings. **Ambivalence** is a state of having simultaneous conflicting reactions, beliefs, or **feelings** towards some object. Stated another way, **ambivalence** is the experience of having an attitude towards someone or something that contains both positively and negatively components.
  - Motherhood
  - New Job
  - New Relationship
  - From the dream to reality

Examples:

When I became a Grandma for the first time.

Others?

## Actividad de Grupo



What are the best traits of parents you have ever worked with?

What are the most challenging traits you have seen in parents you have worked with?

What are the best traits of providers you have ever worked with?

What are the most challenging traits you have seen in providers you have worked with?

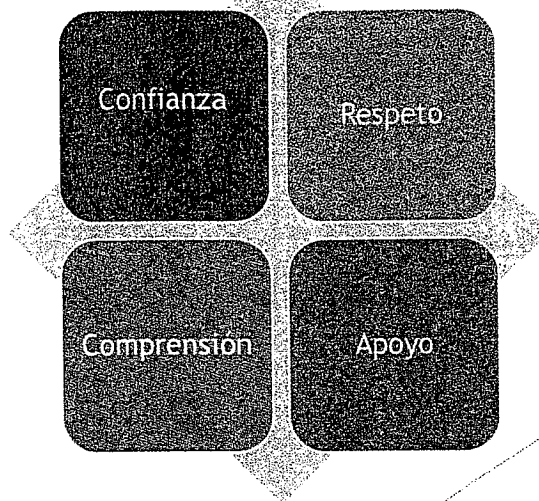
Compare lists.

Find similarities

If any odd traits, discuss and agree to keep or to throw away.

What do you think parents expect from you? The same you expect from them.

## Expectativas de Padres y Educadores



What do you think parents expect from you? The same you expect from them.

### Discussion

Get clear on your values. "What do you want to show your clients? What do you want to pass on to them? Knowledge? Skills? Support? What are all the ways we can make that happen, without having to be perfect?"

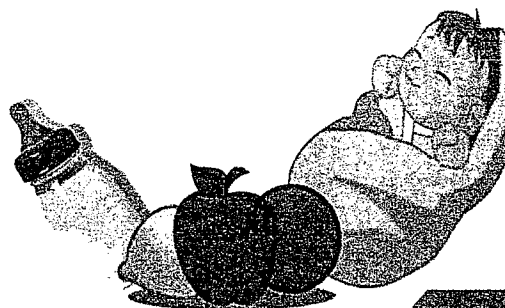
Evaluate your expectation. "What has the past proven to me about this expectation: Has it ever worked out? Has it changed over the years? What is sparking this expectation (fear of not being like others? Not being enough?)? If I wasn't concerned about what other people thought of me, would I still have this expectation of myself? Do I truly believe this expectation is attainable within my time frame, the hours of my day, and the people who I have in my life?"

Quiet your fears. Many expectations are born from fear. Fear to fail, fear to under perform, fear to appear non capable (I can't say I don't know)

## Nuestro Equipaje Emocional

Todos tenemos un equipaje emocional que influye como nos acercamos a las relaciones, o como vemos el papel de los padres en cuanto a la crianza de sus hijos.

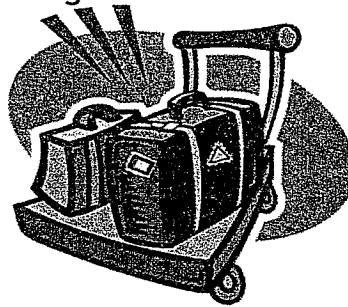
Nuestras experiencias pueden impactar o restringir nuestra habilidad para relacionarnos de una manera efectiva y sensitiva con los padres.



Ghosts in the nursery is apt descriptor for the "emotional baggage" vulnerabilities parents (and other caregivers) may carry from their own experiences of being parented including conflicted feelings about their parents, a sense of being unsupported in childhood, and traumatizing memories. These ghosts often negatively impact feeding, sleep, toilet training, discipline, and other areas of current parenting abilities by influencing the way parents interpret their infants behavior. Parents with histories of child abuse may find certain aspects of appropriate early childhood development as purposeful acts of threat and aggression.

## Nuestro Equipaje Emocional cont.

- ¿Cuál es el equipaje emocional que traigo a mis visitas?
- ¿Que es lo que ya tengo asumido?



Group Exercise for first question

Explore what you bring to the relationship.

Our view of men? Of a specific community sector? Do you have pep peeves?

Where do your pep peeves come from? Can you acknowledged them and get pass them?

My experience for my first time training.

My experience with the voice of my client.

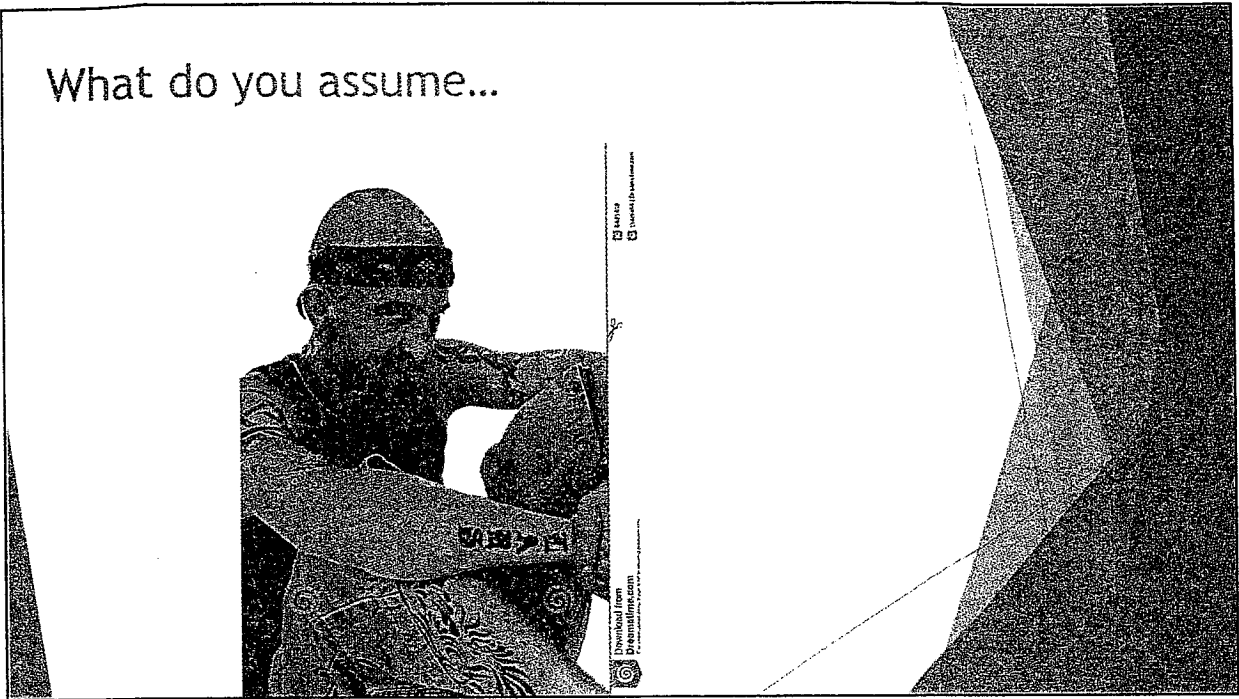
What do you assume...



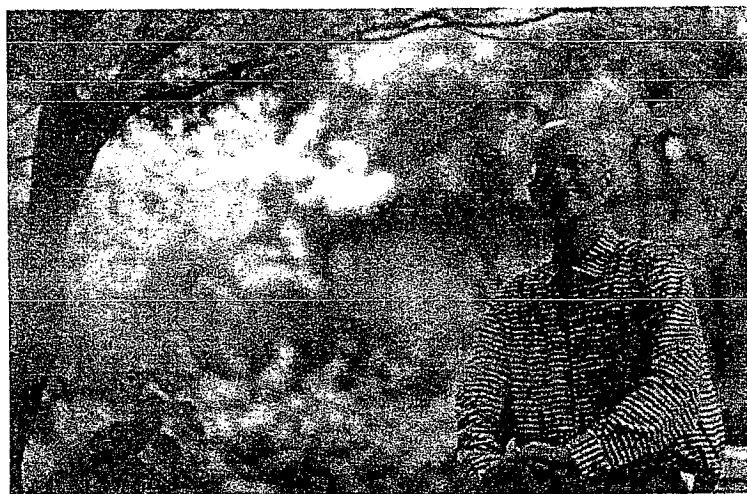
a thing that is accepted as true or as certain to happen, without proof.

Lets explore your assumptions

What do you assume...



What do you assume...



What do you assume...



## Desde la Primera Impresión a Una Relación Positiva

- La importancia de la primera impresion.
- Desde solucionar a colaborar.
- De la dependencia a la independencia.
- De las ideas preconcebidas a la relación honesta.

The strength-based approach is focusing on the positive attributes, of a person or a group, rather than the negative. There are multiple ways in which the strength-based approach is applied. The strength-based approach can be applied in leadership, counseling, community and social work, pediatrics, and much more. Strength-based approach is so successful because the client is the actor or **agent of change** by providing the right environment for controlling change. This approach is highly dependent on the thought process and emotional and information processing of the individual. This approach allows for open communication and thought process for individuals to **identify value** and assemble their strengths and capacities in the course of change.

The strength-based approach allows for habitable conditions for a person to see themselves **at their best**, in order to see the value they bring, by just being them. Then moving that value forward to capitalize on their strengths rather than focusing on negative characteristics.

Strength-based approach not only examines the individual but also

## Una Visita Completa

### Llegada

- Puntual
- Preparada
- Personal
- Profesional

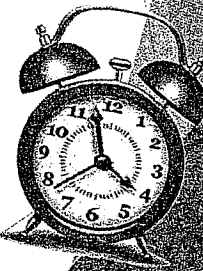


### Visita

- Confidencial
- Considerada
- Colaborativa
- Conectada

### Despedida

- Agradecida
- Animada
- Activa
- Profesional



Review the visit if time.

Questions?



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