

Enhanced Home Visiting



What is Enhanced Home Visiting?

Parent Possible serves as the lead agency for the Enhanced Home Visiting (EHV) Project in Colorado, which aims to improve the social/emotional well-being and behavioral health of PAT and HIPPIY home visitors and supervisors. The project provides home visitors and supervisors with reflective consultation, workplace wellness & trauma informed practice consultation, training, and Infant and Early Childhood Mental Health Endorsement support. Through EHV, home visitors and supervisors are offered regular reflective consultations, training, and mindfulness support equipping them to better serve their local communities.

Elements of the Project

Home Visitor Reflective Consultation groups

Home Visitors meet monthly with a Mental Health Consultant to increase confidence, self-awareness and reflective practices with families to create well-being for the Home Visitor. There are also options for short-term individual consultations.

Supervisor Reflective Consultation groups

Supervisors/Coordinators meet monthly with a Mental Health Consultant strengthening supervisors ability to provide reflective supervision to home visitors. There are also options for short-term individual consultations.

Core Trainings

Introductory trainings are given to introduce trauma informed care, mindfulness, and the impact of trauma on attachment and relationships.

Trauma Informed Assessment

New sites receive a one time assessment to determine the level of trauma-sensitive readiness in their organization. Results are reviewed with a Mental Health Consultant and used to launch the quarterly site meetings.

Quarterly Mindful and Wellness Consults

The whole team meets with a Mental Health Consultant on a quarterly basis for a consultation focused on secondary trauma and mindfulness. Other topics may be suggested/requested by the group based on the challenges they are facing.



Learn more online:
www.parentpossible.org/EHV